

PRE-SURGERY WEBEX NUTRITION CLASS SCHEDULE 2020

You must attend one of these classes prior to attending your private consultation with one of the Nutritionists, Michele (Garden City & Patchogue), Melissa (Huntington Medical Group) or Arlene (Dr. Grendell) *You can also go to Michele for required monthly weight documentation visits.*

PATCHOGUE

2ND Tuesday 5-6 PM	3rd Thursday 11:30-12:30	5:15-6:15 PM
January 14	January 16	Monday, January 6
February 11	February 20	Wednesday, February 5
March 10	March 19	Monday, March 2
April 14	April 16	Wednesday, April 8
May 12	May 21	Monday, May 4
June 9	June 18	Wednesday, June 3
July 14	July 16	Monday, July 6
August 11	August 20	Wednesday, August 5
September 8	September 17	Monday, September 14
October 13	October 15	Monday, October 5
November 10	November 19	Wednesday, November 4
December 8	December 17	Monday, December 7

GARDEN CITY

1st Wednesday 5-6 PM	2nd Monday 8:00-9:15 AM	3rd Friday 8:00-9:15 AM
January 8	January 13	January 17
February 5	February 10	February 21
March 4	March 9	March 20
April 1	April 13	April 17
May 6	May 11	May 15
June 3	June 8	June 19
July 1	July 13	July 17
August 5	August 10	August 21
September 2	September 14	September 18
October 7	October 12	October 16
November 4	November 9	November 20
December 2	December 14	December 18