

# PRE-SURGERY ONLINE WEBEX

## NUTRITION CLASS SCHEDULE 2021

You must attend ONE of these classes prior to attending your private consultation with one of the Nutritionists, Michele (Garden City & Patchogue), Melissa (Huntington Medical Group) or Arlene (Dr. Grendell)

<u>1<sup>st</sup> Wednesday 5-6 PM</u>	<u>2<sup>nd</sup> Monday 8:00-9:00 AM</u>
January 6	January 11
February 3	February 8
March 3	March 8
April 7	April 12
May 5	May 10
June 2	June 14
July 7	July 12
August 4	August 9
September 1	September 13
October 6	October 11
November 3	November 8
December 1	December 13

<u>2<sup>ND</sup> Tuesday 5-6 PM</u>	<u>3<sup>rd</sup> Thursday 11:30-12:30</u>	<u>3<sup>rd</sup> Friday 8:00-9:00 AM</u>
January 12	January 21	January 15
February 9	February 18	February 19
March 9	March 18	March 19
April 13	April 15	April 16
May 11	May 20	May 21
June 8	June 17	June 18
July 13	July 15	July 16
August 10	August 19	August 20
September 14	September 16	September 17
October 12	October 21	October 15
November 9	November 18	November 19
December 14	December 16	December 17